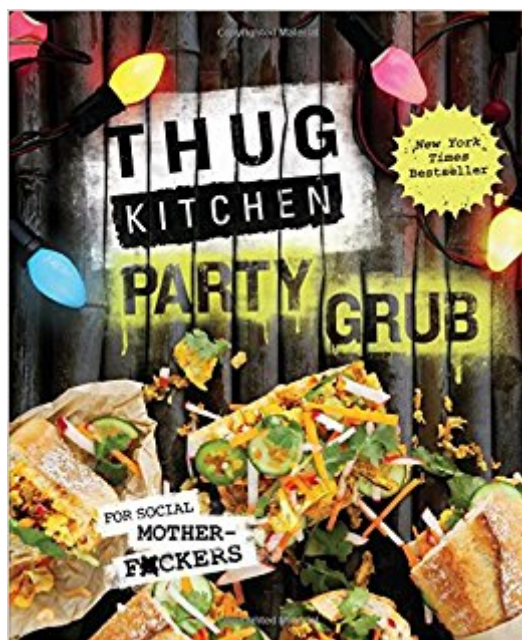


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# Thug Kitchen Party Grub: For Social Motherf\*ckers



## Synopsis

From the duo behindÂ New York TimesÂ bestseller,Â Thug Kitchen, comes the next installment of kick-ass recipes with a side of attitude.Â Thug Kitchen: Party Grub answers the question that they have heard most from their fans: How the hell are you supposed to eat healthy when you hang around with a bunch of assholes who couldn't care less about what they stuff in their face? The answer: You make a bomb-ass plant-based dish from Thug Kitchen. Featuring over 100 recipes for every occasion,Â Party Grub combines exciting, healthy food with easy-to-follow directions and damn entertaining commentary.Â From appetizers like Deviled Chickpea Bites to main events like Mexican Lasagna,Â Thug Kitchen: Party Grub is here to make sure you're equipped with dishes to bring the flavor without a side of fat, calories, and guilt. Also included are cocktail recipes, because sometimes these parties need a pick-me-up of the liquid variety.

## Book Information

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## Customer Reviews

Thug Kitchen blew up the Internet back in 2012, when they first began blogging. Their first cookbook was an instant #1 New York Times bestseller. They are based in Los Angeles, CA.

I own and love the predecessor to this book - Thug Kitchen : The Official Cookbook ;and was so excited to see this I preordered right away. In a nutshell this makes vegan and healthy food so much fun. I own a lot of books in this category and most call for a plethora of complicated and expensive ingredients that are near impossible to find and you will never use again, along with the components of a fully stocked chefs kitchen. Who needs that ? Not me. So having used the original

for many a meal, I could not wait to get my hands on this...Party Grub as we head into the holiday season..heck yes!!This book has five chapters covering: Breakfast, small bites / dips and just great snacks you can serve, salads /sauces and sides; main courses and finally in Spin the bottle: Sweet stuff -desserts, cocktails - all the good stuff you need for a social gathering (think Sangria, setting up a good Bloody bar; or reliving those sneaky high school days with a hard lemonade) This is fun food, party food - it tastes so good yet is really is quite healthy and these folks show you how the two can go hand in hand!As was the case in the first book; you will not find yourself on the hunt for Dulse Flakes, Sea Cucumbers or Orange Blossom Nectar - yes all things I have found in recipes from other cookbooks - instead this is real food made of real ingredients you can find in your local grocery store: Tofu, Chick Peas, fruits and veggies, herbs. And that is why I love this book most, it does not break the bank, or take time hunting down obscure stuff. The recipes vary in simplicity; some do require a little more technique or time, but all area attainable for even those of us who are self professed terrors in the kitchen!Much as I could not wait, I got started using the sneak peeks the authors provided through and so far, so very good!! The Roasted beet Hummus is AMAZING and the accompanying Walnut Herb Crumble was a simple yet delicious touch; and once the beets were roasted, this took minutes to make -on that note, I should point out that while you do not need a boatload of kitchen tools, a high powered blender such as a Vitamix does help for several of the dishes. There are just a lot of great choice here, and they replicate fun, bold food, just in a vegan manner - Veggie and Tempeh Kebabs, 'meat'ball subs, lasagna (black bean and pumpkin), snacks such as their take on Chex Mix, Artichoke Dip, Carmel Corn, dips ,drinks, finger foods. You could easily host a party for vegans and non vegans alike and keep everyone happy with tasty foods, that are not ,missing flavors or textures. Now as there are always folks that thumbs down the Thug Kitchen books for attitude, cussing etc; lets also address that -this book is in your face, its tongue in cheek and yes, they like to drop the F-bomb on every page. If that is your thing, or you do not care, find it funny, want really good recipes - they buy it. If not, do not buy then complain afterwards -that is like buying and eating a whole chocolate cake, then grumbling that it was not diet food and you are now rocking a food belly. Read the previews and if you are looking for fun, delicious , simple foods, that are vegan and quite frankly, not like anything you will find in any other vegan cookbook, then get this -you will not be disappointed! If you do not like cussing, you might want to steer clear...but personally I love their recipes, the unique dishes and will post pictures of my results as I work my way through this book!

these recipes are simple for the most part and loaded with flavor. in so many cookbooks or even

restaurants, you say "vegan" and all of a sudden everyone forgets how to season and make things that taste good. Thank goodness Thug Kitchen remembers. you do, however, need to cut to the chase and skip the language, which is often funny but also often too much.

LOVE THIS BOOK. WORTH THE WAIT.

I bought this one and the 1st book together and can't wait to make more TK food tomorrow! The recipes are clear, detailed, and hilarious! I love how blunt the writing is and its "no whining" rules. That's how I like it. Everything that I've made from this book has been delicious! I'm very impressed with the taste and how easy it is to make this stuff. If you are thinking about buying it, just do it already.

These are mostly party recipes but there's still plenty to find for weeknight meals. As with their previous (excellent) cookbook, the ingredients are easy to find, the measurements are spot on, and the directions with all the wonderful vulgarity are direct and always correct, often anticipating your questions. I highly recommend this for anyone who wants to eat well.

Hilarious .. got as a gift idea and thought it was a hit!! I would recommend to anyone who has a love for rap/hip-hop music and loves to cook ... Or even as a gag-gift because there are some great recipes that could be used

Forget that this book is chock full of really delicious food. It nourishes me every time I pick it up and wind up laughing out loud at every page. I love it so much that I'm giving it to all my non-tight-ass friends. Even if you don't cook, get this book!

I seriously love this cookbook. Not only is it humorous, but the recipes are great. I was stuck with vegan recipes full of things I'm allergic to (soy, gluten, black beans, nuts, among others) and this book has so many great recipes without any of those foods. I highly recommend this book. However, if you're sensitive to colorful language, stay away. Or.... get over it!

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